

## *Curriculum Vitae*

**Fred Grover Jr. M.D. FAAFP**  
**3400 E. Bayaud Ave, Suite 444**  
**Denver, Co. 80209**  
**303-355-2385 (office)**

### **Current Position**

Family Physician, Solo practice, President, founder RevolutionaryMD Integrative, Functional and Regenerative Medicine Center.  
Assistant Clinical Professor Family Medicine, University of Colorado

### **Previous Positions**

Faculty, Assistant Professor Family Medicine, University of Colorado Department of Family Medicine, May 1999-September 2005  
Medical Director A.F. Williams Family Medicine Clinic, University of Colorado Family Medicine Program 2001.  
Associate Residency Director, University of Colorado Family Medicine Program May 1999-January 2001.  
Family Physician, Colorado Permanente Medical Group,(Kaiser) Aurora Centrepont Clinic May 1997- April 1999.

### **Internship and Residency**

1993-1996        The University of Colorado Family Medicine Program at Rose Hospital  
1995-1996        Chief Resident, University of Colorado Family Medicine Program

### **Education**

1989-1993        **M.D.**, University of Louisville School of Medicine  
1983-1987        **B.A.**, Austin College, Sherman, Tx. Major: Biology  
1979-1983        High school: T.C. Clark, San Antonio, Tx.

### **Certifications**

Board Certification in Family Medicine since July 1996 to current.  
Distinguished Fellow status for scholarly contributions. (FAAFP)  
Board Certified by American Board of Holistic Medicine in January 2003 to current. (ABIHM)  
Board Certified in Anti-Aging, Regenerative Medicine 2009 to current. (ABAARM)  
ACLS certified  
Certified aesthetic dermatology injector of Botox, Juvederm, Voluma since 2006.  
Certified for Laser and IPL use in 2006.

## **Fellowships**

Graduate of the National Institute of Program director development Fellowship 2000-2001

Graduate of the Regional Institute for Health and Environmental Leadership Fellowship 2001-2002 (University of Denver, Daniels School of Business)

Graduate of the American Board of Holistic Medicine fellowship 2003

## **Licensures**

Colorado Medical License and DEA License since 1994

## **Professional Memberships**

American Academy of Family Physicians (AAFP)

Colorado Academy of Family Physicians (CAFP)

Colorado Medical Society and Denver Medical Society

American Academy of Anti-Aging Medicine (A4M)

Institute of Functional Medicine

American Board of Integrative and Holistic Medicine

## **Past Board Participation**

Board member of the Colorado Academy of Family Physicians 1999-2001

Board Member of Colorado Tobacco Education Coalition (CTEPA) 1997-2001

Board member of the Denver Physicians for Social Responsibility 1995-2002

Board member of Health Team Works 8/2002- 2011

## **Awards Recieved**

Teacher of the year, Rose Family Medicine Residency, 2004-05.

Fellow, American Academy of Family Physicians (FAAFP) 2004

Outstanding instructor award from University of Co. School of Medicine 2003

Faculty of the Year Award 2000, University of Colorado Family Medicine Program at University Hospital.

Colorado Academy of Family Physicians "Resident of the Year award", 1996.

University of Colorado Dept. of Family Medicine, "Patient Education Award", 1996

Physicians and the Arts Award, for photography, at the University of Louisville School of Medicine, 1992.

Eagle Scout 1979

## **Community/Volunteer Activities**

Volunteered in Lviv, Ukraine for Nadiya Denver group to help develop and promote family medicine with Jack Reeves M.D. Fall 1996

Volunteered in remote village subhealth-post in northern Nepal, through "Educate the Children" NGO. December 1996

Volunteered in Friend's Club Clinic of Kathmandu, Nepal. December 1996

Directed medical volunteer trip to Baribise, Nepal 2000 (12 providers)

Politically active in supporting legislation around tobacco legislation aimed at decreasing youth smoking and supporting common-sense gun control. CAFPP Legislative committee member 1999-current. (Testified in support of bills numerous times at state capitol.)  
Yearly volunteer as Doctor of the Day at State Capitol since 1998.  
Chair of the Colorado Cancer Prevention Alliance June 2001-January 2002.  
Edited and helped finalize the CCGC (Colorado Clinical Guidelines Collaborative):  
Colorectal Cancer screening guidelines 2002 to current.  
Volunteer Medical trip Nepal 7/2009, ongoing trips every 2 years.  
Volunteer teaching to University of Colorado residents and medical students on monthly basis since entering private practice in 2005.  
Regular Volunteer at annual 9 health fair.

### **School of Medicine Activities**

Assistant Clinical Professor and Preceptor for CU medical students and for Family Medicine, Internal Medicine residents in the Integrative Medicine Rotation, and Practice Management Rotations.

### **Publications:**

“Finding meaningful volunteer work in Third world countries” Colorado Family Physician, Volume XIX Summer 1997  
“Emailing on the road, for the family physician” Colorado Family Physician, Volume XIX, Summer 1997.  
Grover, Fred Jr., Wu, David “What do patients want from a family practice website?” Journal of Family Practice, July 2002.  
Grover, Fred Jr. “When is MRI useful in the evaluation of low back pain?” Journal of Family Practice, Family Practice Inquires Network. March 2003.  
Grover, Fred Jr. Clinical Commentary: “Beta Blockers in Heart Failure” Journal of Family Practice, Family Practice Inquires Network. May 2003.  
Grover, Fred Jr. Clinical Commentary: “Are nasal steroids effective for otitis media with effusion?” Journal of Family Practice, Family Practice inquires Network. August 2003.  
Grover, Fred Jr. Clinical Commentary: Which imaging modality is best for suspected stroke? J Fam Pract 2005;54(6):536-9

### **Research**

Grant award NCI in August 2004: “Patient Guided tools to promote Colorectal Cancer Screening”. Two year study using educational module on a Tablet PC, ending August 2005.  
Principal Investigator, Near-Infrared Transcranial light Therapy for TBI, with Brain SPECT analysis. Pending publication 2017

### **Extracurricular**

Mountain sports, adventure travel, scuba, kayaking, and wilderness photography.