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### **Dr. Grover's Favorite Meditation Mantras**

<u>Song/Mantra</u>	<u>Artist and Album</u>
Gayantri Mantra	Deva Primal, Essense
Om Namah Shivaya	Deva Primal, Dakshina
Om Tare Tu Tare	Deva Primal, Embrace
Mangalam	Deva Primal, Password
Purification: Om Benza Satto Hung	Deva Primal, Tibetan Mantras for Turbulent times
Moola Mantra	Deva Primal, Moola Mantra (5 tracks)
Om Triambakam Mantra (Wellness)	Deva Primal, A deeper light.
Heal/Ra Ma Da Sa	Snatam Kaur, Kundalini Meditation
Ray Man Shabad	Snatum Kaur, Grace
Ong Namu	Snatum Kaur, Grace
Mul Mantra	Snatam Kaur, Anand Bliss
Long Time Sun	Snatam Kaur, Grace
Wah Yantee	GuruGanesha Sing, Grateful Ganesh
Mother (Ma)	Guru Ganesh Sing, Kundalini Meditation
Om Suite Om IV	Steven Halpern, Tonal Academy
Maya	Thomas Barquee, Temple
Sri Krishna	Terry Oldfield and Soraya, Mandala Circle of Chant.
Heart of the Universe	Snatum Kaur
Take me in	Snatum Kaur
Servant of Peace	Snatum Kaur